MUTED OPTIMISM FOR ECONOMY: SURVEY, PG7





Dog protects child from cougar attack

B.C. The way Lloyd Forman sees it, his 11-year-old grandson was saved by an Angel

That's the golden retriever who protected young Austin in his family's backyard from a charging cougar during a bloody. against-all-odds confrontation Saturday in the tiny British Columbia community of Boston Bar.

The cougar came (from) about five feet away and made a big jump (at Austin)," Forman said yesterday. "The dog jumped in between and took on the

When an RCMP officer arrived, the cougar had Angel under the porch with its teeth around the dog's neck. The Mountie fired several shots, killing the cougar.

The dog was injured, but is expected to recover. Austin wasn't hurt.

THE CANADIAN PRESS



Sports pg 9

the top of pg 2



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Family members watch yesterday as pallbearers carry the casket of Pte. Garrett Chidley to a waiting hearse during his repatriation ceremony in Trenton, Ont. Chidley, three other Canadian soldiers and Calgary journalist Michelle Lang were killed Wednesday when the armoured vehicle they were travelling in was struck by a roadside bomb blast near Kandahar city.

Sombre homecomi

Families mourn journalist, soldiers killed in Afghanistan

Grieving family members of five Canadians killed in Afghanistan huddled close against the biting wind as the remains of their loved ones were unloaded from a military plane yesterday in a seemingly endless grim march of flag-draped

The Calgary Herald's Michelle Lang, 34, the first Canadian journalist to be killed covering the war, was given full participation in the military repatriation ceremony. Soldiers and dignitaries saluted her coffin as it was carried to the line of waiting hearses.

Her loved ones stood alongside the grieving military families as Lang's casket was taken off the plane first, and emerged from be-

In all, 138 Canadian soldiers and two civilians have died as part of Canada's eight-year mission in Afghanistan.

neath a shelter arm-in-arm to bid the award-winning journalist a final farewell.

Michael Louie, the man Lang was to marry this summer, carried a single red rose and wept openly as he approached the vehicle, while others around him pulled each other close.

One by one, the ritual repeated for each of the men Lang died alongside — Sgt. George Miok, 28; Sgt. Kirk Taylor, 28; Cpl. Zachery Mc-Cormack, 21; and Pte. Garrett Chidley, 21 — during a bitterly cold and snowy



ton, Ont. Hundreds or people lined fence out-

Tren-

Michelle Lang side

base, as they often do for the all-toofrequent ceremonies. Many of them said it was no different because Lang was being honoured also, as they hold her as high in their esteem as the soldiers be-cause of the important work journalists do in Afghanistan.

'They're all the same.' said Helga Haecker, 71, as she handed out coffee to others from a carafe she brought.

their job. She went out there to give us an insight (into) what the soldiers are doing."

The five were killed Wednesday when the armoured vehicle they were travelling in was struck by a massive roadside-bomb blast on the outskirts of Kandahar city — the thirdbloodiest day for Canadian forces since the Afghan mission began in 2002.

Along with the contingent of family members, Gov. Gen. Michaëlle Jean, Defence Minister Peter MacKav and Gen. Walt Natynczyk, Canada's chief of defence staff, were also on hand to pay their respects

THE CANADIAN PRESS

Flu clinics reopen today

Flu Outbreak

KRISTA SYLVESTER krista.sylvester@metronews.ca

VACCINE H1N1 flu clinics are re-opening their doors today to Albertans and the province's deputy medical officer of health says there's still demand for swine-flu vaccinations.

Provincial officials say about one million people in Alberta have been vaccinated so far, but expect more to get vaccinated in the coming days.

Calgarian Patty McDougall said while the clinics are open again this week, she may opt to wait and get her shot at her family doctor's office.

"I heard (clinics) will be able to give them out soon ... I think it's just more convenient for my husband and I to go on our schedule," she said. Dr. Judy MacDonald said

though health officials haven't spotted a lot of the virus recently, they still expect to see more of it.

But she said if there is a third wave of the illness, it won't be as widespread because so many people have already received the shot.

The vaccine will be available in doctors' offices in the coming days.

Provincial officials say 69 people have died in Alberta after contracting H1N1.

WITH FILES FROM THE CANADIAN PRESS

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Local



Two-wheel fun

The 2010 Calgary Motorcycle Show is roaring into town with wheels blazing. This year's event features world-renowned bike stunter Jason Britton and many other events and activities for the whole family. The show runs from Jan. 8-10 at the Calgary Stampede BMO Centre. For more information, visit www.calgarymotorcycleshow.ca.

METRO CALGARY



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Council faces election-year issues

Some aldermen fear getting things done will take back seat to campaigning

DARREN KRAUSE darren.krause@metronews.ca

It's an election year and some city aldermen are hoping council puts business before politics, with a thick 2010 to-do list.

Ward 11 Ald. Brian Pincott, serving the final year of his first term, doesn't expect much to change at city hall, but that doesn't mean politicking won't play a

central role for some, he said.

"I think one of the things people have sort of recognized so far is that it's not just being in an election year, there's people who have been sort of campaigning all term."

Pincott said transportation projects — including the Glenmore and 37 Street SW interchange in his ward — will top city hall's agenda. And he hopes vote-getting doesn't sway sound decision-making.

"I hope that people bring the point-of-view they were elected to bring to the table and that we do keep making decisions," said Pincott, acknowledging a host of past contentious decisions means council has been getting work done.

ting work done.
With Plan-It Calgary implementation in April and the Calgary metropolitan plan moving forward this

year, Ward 2 Ald. Gord Lowe said there's plenty on the slate for aldermen in 2010.

But, the nine-year council veteran who's seen three civic elections said every election year is an interesting one

ing one.

"Unfortunately there's far more politics than business being done," said Lowe, adding that in his experience the lure of votes can quickly change one's per-

pective.

It's something Ward 12 Ald. Ric McIver has seen,

"Certainly for some members of council the attitudes change on election year," he said, noting views on looming tax increases have been known to shift.

"I think it's all of our responsibility to do the best we can for (voters), and they get to decide whether each of us has done that."

News in brief

BODY FOUND Police are still seeking information in relation to the discovery of a body in a hotel in northwest Calgary. City cops were called to the Traveler's Inn in the 4600 block of 16 Ave NW just after 12:30 p.m. when hotel staff found the body after the occupants failed to check out of their room on time. FIRE A 23-year-old male was transported to hospital in serious condition with severe burns on his body, after a Friday night fire in Okotoks. RCMP said early investigation connects the injured male to the fire. No one else was iniured. METRO CALGARY

Calgary tweets

• @Gott3d Well, flight is delay:(I will have been hanging out in Calgary airport for roughly 12 hrs before jumping on my 10 hrs flight.

 @darcybross Wow. Didn't expect to have tears in my eyes at the Glenbow Museum this afternoon. The Ron Mueck work is powerful stuff. #vvc

metrenews.ca

Immigration Guidy Mamann on restrictions against refugees claiming work experience to apply for residence at metronews.ca/ immigration

Friday, Jan. 1

Lotto Max: 7, 9, 13, 18, 27, 33, & 44 Bonus 15 Saturday, Jan. 2

Lotto 6/49: 16, 22, 25, 33, 39 & 48 Bonus 28 These results are not official.

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City gyms are preparing for the annual pilgrimage of those seeking sleeker bodies as a part of their new year's resolution.

Gyms ready for new year's resolution rush

KRISTA SYLVESTER krista.sylvester@metronews.ca

HEALTH With Calgary gyms preparing for the inevitable onslaught of new year's resolution memberships, some regular customers are dreading the overflow of bodybuilders.

Franklin Gold's Gym sales associate Mario Juarez said the next two weeks will be busy with new members joining as a result of promising resolutions, but says most don't last the whole year.

"Sometimes they will last up to about three months and then die down, but the ones who buy the memberships for themselves and work with trainers usually last," he said.

Juarez said many new members join just after Christmas because they feel guilty for enjoying all the holiday's little pleasures.

"They maybe eat and drink too much and feel the need to work it off and get back into shape. It's funny because Mondays are our busiest days for the same reason, while Fridays are the least busy," he added.

But the oncoming abundance of new members concerns regulars like Natasha

Humeston and her workout partner who have been using the gym for years.

"Starting now the next two weeks around here get crazy, and it's so busy. It's kind of annoying because it's hard to get on the machines," she said.

"But then, it's okay after January because a lot of the people don't stick with it and I am okay with that."

Cops looking into shooting that sent woman to hospital

KRISTA SYLVESTER

CRIME Police are investigating an early morning shooting yesterday after a 24-year-old woman was sent to hospital in non-lifethreatening condition.

Police believe the woman received the gunshot wound to the leg at a house in the 5600 block of Maryvale Dr. NE around 4:30 a.m. and was brought to hospital when police received the call.

"I'm not sure if it was a house party or not, but there were a number of people there at the time," police duty Insp. Vic Trickett said.

Police interviewed the victim and, based on the information received, believe the victim did not know the offender who fled from the house prior to police arriving. Police continue to look for the suspect.

Anyone with information is asked to call police at 403-266-1234 or Crime Stoppers at 1-800-222-TIPS (8477).

Restaurateur quiet about tab settled with Edmonton Oilers

DISPUTE The manager of an upscale Calgary restaurant has reached an agreement with Edmonton Oilers players after a dispute over a nearly \$17,000 tab they rang up at a New Year's Eve

Maurizio Terrigno refused to elaborate yesterday on just what the deal entails and wouldn't even say whether the agreement has been resolved to his satisfaction.

The restaurant manager, who publicly vented his fury just days ago, is now reluctant to discuss the end result of his beef over unpaid portions of the restaurant bill. "I can't,"

Terrigno said, but wouldn't explain further.

Instead, he referred any further inquiries to the Edmonton Oilers.

Team officials couldn't immediately be reached for comment.

After going public with his complaint, Terrigno said that team members "went ballistic" when they got the final bill for a night out with their guests and would only pay just over \$12,000 on the nearly \$17,000 worth of food and alcohol charges.

Oilers team spokesman Allan Watt has previously said that when the bill arrived, players thought it was "outrageous" and complained. He said restaurant staff reduced it by about \$7,000 and team members paid the amended amount, and left a \$1,900 tip.

The Edmonton Oilers

The Edmonton Oilers had lost by a score of 2-1 earlier in the night against the Calgary Flames.

THE CANADIAN PRESS

Canada



Widow wants 'the truth'

The widow of one of the men killed in the worst construction accident in the last half-century has called for a full public inquiry into the Christmas Eve deaths of four workers who fell 13 storeys from a scaffold in Toronto. "I want the truth," Oksana Afanasenko, left, told The Toronto Star in an interview through a Russian-language translator vesterday. TORSTAR NEWS SERVICE

Airport security restrictions Loan program expected to stay for a while

Canadian officials have little say in decision: Experts

ty at Canadian airports to relax until the United States gets over its latest air scare, aviation experts

The ban on certain types of carry-on luggage on U.S.-bound flights, along with other restrictions, are likely to last as long as the Americans want them to.

"Canada is verv much a victim of the United States, said David Gillen, director of the University of British Columbia's Centre Transportation Studies.

"They're the ones who (are) driving the entire process. So all that we can really do is react and try and change the thinking of (U.S.) Homeland Security, that they should be looking for people rather than incidents ... (that) is, I think, a very difficult process.'

Enhanced security measures have been in place since an apparent terror attack was thwarted on Christmas Day.

Umar Farouk Abdulmutallab, a 23-year-old Nigerian man, was arrested after he allegedly tried to bring down the Northwest Airlines flight from Amsterdam to Detroit.

The incident prompted authorities to at least temporarily ban carry-on bags on flights into the U.S., though items such as small purses, coats, laptops and



This image taken from a website frequently used by militants to disseminate their messages, purports to show Nigerian Umar Farouk Abdulmutallab. In a statement posted on the website dated Saturday, Dec. 26, al-Qaida in the Arabian Peninsula has claimed responsibility for the attack on a U.S. airliner bound for **Detroit on Christmas Day**

medication or medical devices are allowed.

Transport Canada says the restrictions will continue until further notice.

"Right now, we're evaluating everything and our options," department spokeswoman Melanie Lafrance said yesterday. "Until further notice, notice, they're in place."

But the Canadian government actually has little say in the matter, says the head of the Air Transport Association of Canada.

"Transport Canada, don't think has a word to say in it," said John McKenna, the organization's president and chief executive of-"They're going to abide by American decisions on this anyway, because otherwise we'll be denied the right to fly over U.S. airspace

Added Gillen: "I don't think we have a big stick at

And he cautioned against

mal when airport security concerns abate

"In the past, what you see is the memory fades, and gradually there is a relaxation going on," said Gillen, who has advised the U.S. Federal Aviation Administration, the U.K. Civil Aviation Authority and Transport Canada.

"But I think that in each instance what happens is you move to another threshold. And even with the relaxation, you don't move down to the previous location that you were.

"In other words, there's always another layer, there's always another issue that's been added on. So it's almost like walking up a set of stairs, where you're cu-mulatively building all of the restrictions that are put

in place." U.S. President Barack Obama has said there was a systemic failure to prevent the attack and ordered a thorough review of security shortcomings.

THE CANADIAN PRESS

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failing: Report

BUSINESS An Industry Canada loan program for small business continues to lose money and annoy bankers a decade after it was redesigned to avoid those very problems.

A new report on the Canada Small Business Financing Program has found a loan-guarantee portfolio in sharp decline even as losses to the federal treasury mount.

The program, which reimburses financial institutions for losses on defaulted loans, is a tangle of red tape and inflexible terms that has lenders fleeing, says the KPMG study, com-missioned by Industry Canada.

"Lenders have identified a heavy administrative burden, which includes a paper-based system, and difficulties with the claim process, as major obstacles," the consultants' report concludes. "It is not profitable to them."

The result has been a sharp drop in the number of loans, hitting a new low of 9,000 — about half the number the program supported in 1999 when it was overhauled to put it on a more business-like footing.

The program has so far guaranteed about \$10 billion in small-business loans issued by banks, credit unions and others since 1999, and collects fees based on the size of the loan. The revenue paid to Industry Canada was supposed to cover the de-

Soured

• Few small-business borrowers have even heard of the program, so lending institutions have effectively become gatekeepers, able to recommend the option if a standard loan application fails. But loans officers have generally soured on the program.

fault claims paid out, but the math has never worked in Ottawa's favour.

Claims paid out have risen steadily over the decade, and now top \$100 million annually, while revenues have consistently lagged, costing taxpayers a net \$335 million so far.

Put another way, cost recovery is currently at only about 60 per cent rather than the 100 per cent that was planned, and is in steady decline.

"The gap between claims and fee revenues will continue to exist and most likely expand," predicts the KPMG report, dated Oct. 30 and obtained by The Canadian Press under the Access to Information

The program's portfolio of loans has become ever more risky over the decade, now catering especially to newly established small firms with weak credit scores and little collateral, many in the foodand-beverage sector.

THE CANADIAN PRESS

B.C. premier plans to seek fourth term

POLITICS B.C. Premier Gordon Campbell is sending strong signals the Winter Olympics are giving him a second political wind, dash-

ing

widespread

speculation

the three-



term leader was considering retiring in first Gordon place after the Games

who turns 61 in January, says his job is only half finished and he's planning to run for a fourth term in THE CANADIAN PRESS

Campbell Campbell,

Terror big wig lived in Toronto

SOMALIA One of the most visible leaders of an al-Oaida-affiliated terrorist militia in Somalia spent a year Toronto ingratiating himself into the Somali immigrant community as a convert to Islam.

Omar Hammami known to followers as Abu Mansour "Al-Amriki" - ate at Somali restaurants and prayed in Somali mosques. married a Toronto woman of Somali origin. Then, after learning Somali ways, he left to join the Horn of Africa's top terror group, Al-Shabab, to wage Islamic jihad and recruit other foreign nationals to the cause, say former

friends and relatives speaking publicly of the terrorist's Toronto connections for the first time.

"He betrayed us," a former friend who worked with Hammami at a pizzeria savs.

"For a man to be saying that, Islamically, it is okay to be killing innocent people — and yesterday you fed him bread and welcomed him into your houses - it kind of shatters

Five ethnic Somali men disappeared from Toronto this fall, all friends believed recruited into Al-Shabab.

TORSTAR NEWS SERVICE



A pretty penny

A rare Canadian penny went for a pretty penny at a New York auction yesterday. The penny from the 1930's sold for \$402,500 US. THE CANADIAN PRESS

Storm lashes East

High waves lead to widespread flooding

Cottage owners could do little but look with amazement yesterday at the devastation caused by a storm surge that crashed in off the Northumberland Strait, lifting buildings off their foundations and flooding dozens of homes and businesses.

"It's turned completely around and lifted off its foundation," Terry Murphy said as he examined his small grey cottage in Upper Cape, in southeastern New Brunswick.

Murphy, who is chairman of the local emergency measures committee in nearby Port Elgin, spent all of Saturday night assisting other homeowners through their distress.

The rapidly rising waters and the storm surge forced local officials to declare a state of emergency for several hours.

Police reported three deaths related to the massive winter storm that



Four-year-old Jayda Morehouse and her father Brad, of Fredericton, shovel out snow after a large winter storm yesterday. Compared to the rest of the province, Fredericton got off fairly easy.

swept through the Maritimes on Saturday, dumping up to 30 centimetres of snow that was whipped by high winds that caused most of the damage.

Port Elgin fire Chief Steve Alward said his crews were up all night using boats and tractors to help evacuate people who were cut off by water levels that rose several metres above normal.

At its height Saturday, almost 45,000 homes and businesses in Nova Scotia, New Brunswick, and Prince Edward Island were blacked out.

By yesterday evening, about 4,100 customers across New Brunswick were still waiting for the power to be restored.

THE CANADIAN PRESS

Envoy watching oilsands

environment A career diplomat is keeping a close eye on the failures and successes within Alberta's oilsands and is reporting what she learns to the administration of U.S. President Barack Obama.

The giant projects in northern Alberta have taken global centre stage of late, thanks in large part to climate-change talks in Copenhagen. And Laura Lochman, the U.S. consul general responsible for Alberta, Saskatchewan, Manitoba and the Northwest Territories, has essentially become the eyes and ears for the White House since her appointment in Calgary last June.

"Our job in the consulate

is to communicate back to Washington, back to the policy-makers, what's really going on here. Because policy, at least theoretical-

ly, should be based on fact and reality," Lochman told The Canadian Press.

Alberta boasts the Laura Lochman second

largest oil reserves in the world — more than 174 billion barrels — behind only Saudi Arabia.

The resource has been under attack from environmentalists who call oilsands crude "dirty oil" because of the amount of greenhouse gases produced when it's refined.

The oilsands have become a growing political issue in the United States. California has passed new low-carbon fuel rules that are to go into effect in 2011 and are being eyed by other U.S. states.

Last February, during his first visit to Canada, Obama spoke of the "big carbon footprint" left by the oilsands.

Lochman pointed to the developing technology of carbon capture and said it has shown real promise in dealing with emissions

THE CANADIAN PRESS

Report calls for plan to deal with dementia

HEALTH Canada needs a national strategy to prepare for a tidal wave of dementia cases in the coming decades that could swamp the health-care system and put a severe drain on the economy, a new report says.

The report by the Alzheimer Society, entitled Rising Tide: The Impact of Dementia on Canadian Society, suggests that cases of the mind-robbing disease will more than double to 1.25 million within 30 years, as baby boomers move into old age.

"The impact of the growth of the population of people with dementia is going to have huge economic consequences," said society spokesman David Harvey, noting that projections suggest direct and indirect costs of the disease will multiply tenfold.

"Today, someone in Canada develops dementia every five minutes; in 30 years, there will be one new case every two minutes," Harvey said.

THE CANADIAN PRESS

News in brief

ACCIDENT Police say a young woman, allegedly playing "chicken" with oncoming vehicles, was killed on the east coast of Vancouver Island Friday. The 17-year-old woman was identified as Cynthia Bernice Williams, of Port Alberni, B.C.

REOPENING The Toronto Humane Society's shelter reopens to the public today, five weeks after the Ontario Society for the Prevention of Cruelty to Animals raided the building and arrested five senior staffers, including former president Tim Trow, on charges including animal cruelty.

THE CANADIAN PRESS



TUESDAY, JANUARY, 5TH

for seniors

Buttoms (Sente State Sta

About 30 works of art, including paintings by Pablo Picasso and Henri Rousseau, have been stolen from the home of a private collector in southern France, police said Saturday. The theft was carried out while the owners were on vacation abroad and was discovered by a caretaker at the home in the village of La Cadiere-d'Azur. THE ASSOCIATED PRESS

-

World



Man accused of killing relatives found

A man accused of killing four relatives at a Thanksgiving holiday dinner was captured at a motel in the Florida Keys where police said he had eluded authorities for about a month by checking in under a fake name and address, and hiding his car with a cover. Paul Merhige, 35, pictured, was arrested without a struggle Saturday night after the TV show America's Most Wanted aired and provided the tip that led to Merhige's capture.

News figures seeking sums

Policies forbidding payment for news interviews are being increasingly blurred by U.S. television networks vying for access to accidental celebrities and photos.

Three of the past month's accidental celebrities — Jasper Schuringa, the Dutch tourist who helped thwart an attack on a Detroit-bound plane; David Goldman, who took a custody fight for his son to Brazil; and the White House party-crashing Salahis — have either sought or received goodies from TV networks eager to hear their stories.

Schuringa gave interviews to outlets that had agreed to purchase blurry cellphone images he'd taken of a man who authorities say tried to use explo-

Distorting the news

 Policies against paying for interviews are in place to avoid distorting the news. The concern is that news subjects will change their stories to make them more valuable or please those who paid them.
 Evasion efforts seem centred primarily on ultra-competitive

sives to take down the plane. Goldman and his son accepted NBC's offer of a ride home from Brazil on a charter airplane.

Representatives for Michaele and Tareq Salahi, who embarrassed the Obama administration by sneaking into a state dinner, were reportedly seeking six-figure bids from networks to tell their story.

"I don't know if people would have thought of that

morning news shows and prime-time magazines. These outlets now fight for stories that might have been considered tabloid fodder years ago, often against websites or other outlets that won't hesitate to pay for an interview or information.

in the past," said Andy Schotz, head of the ethics committee for the Society of Professional Journalists. "But now often the first thing people think of is to get a publicist, a lawyer and an agent and figure out how to make money" from that notoriety, he said.

The society condemned NBC for "checkbook journalism" with the Goldman trip. NBC said it had already chartered a plane to m.metrenews.ca



A new report suggests the U.K. culture of heavy drinking is putting strain on the country's health-care system. Scan this barcode for the full story.

bring its personnel back from Brazil, and Goldman's lawyer said the invitation was accepted so father and son could avoid being accosted by camera crews on the way home.

But NBC took multiple pictures and interviewed Goldman on the plane before his exclusive interview for the news show Today. And the network seems immune to the industry's financial woes: A chartered jet from Brazil to New York would cost about \$90,000.

THE ASSOCIATED PRESS

India Shelter from the storm



Labourers wrapped in woolens take shelter from rain in a cold and foggy morning in Jammu, India yesterday. More than 30 people have died in cold weather-related incidents in northern India in the past 24 hours, including 10 people killed in train accidents caused by dense fog.

U.S., Britain shut Yemen embassies over terror threats

SAN'A The U.S. and Britain locked up their embassies in Yemen yesterday after threats from al-Qaida, and the White House expressed alarm at the terror group's expanded reach in the nation, where an off-shoot apparently ordered the Christmas Day plot against a U.S. airliner.

U.S. President Barack Obama's top counterterrorism adviser, John Brennan, cited "indications alQaida is planning to carry out an attack against a target" in the capital, possibly the embassy, and estimated the group had several hundred members in Yemen. Security reasons led Britain to act, too; it was not known when the embassies would reopen.

The U.S. is worried about terrorism in Yemen, a U.S. ally and aid recipient, Brennan said, but doesn't consider the country a sec-

ond front with Afghanistan and Pakistan in the fight against terrorism. As to whether U.S. troops might be sent to Yemen, Brennan replied: "We're not talking about that at this point at all."

Britain and the U.S. are assisting a counterterrorism police unit in Yemen as fears grow about the increasing threat of terrorism originating from the COUNTY, THE ASSOCIATED PRESS

Flight checks

• The Transportation Security Administration says passengers flying into the U.S. from states that "sponsor terrorism" — Cuba, Iran, Sudan and Syria — as well as Yemen. Nigeria and Pakistan will be subject to enhanced screening techniques, such as scans and pat-downs, starting today.

U.K. officials knew air attack suspect had ties to extremists

INTELLIGENCE British officials knew that the Nigerian man suspected of trying to bomb a Detroitbound airliner had ties to U.K. extremists, but did not consider him enough of a high risk to alert American authorities, a senior British official said yesterday.

Officials realized about a year after Umar Farouk Abdulmutallab came to London to study in 2005 that he was in contact with Islamic extremists who were being monitored, a government official told The Associated Press yesterday.

But there were no signs that Abdulmutallab wanted to target the U.S. or was considering turning toward violence, the official said, speaking on condition of anonymity. "It was clear he was reaching out to radical extremists in the U.K., but there was nothing to indicate he was violent," the official said.

THE ASSOCIATED PRESS

Beijing City frozen to a halt



A Chinese paramilitary police officer stands guard under the portrait of former leader Mao Zedong outside the Tiananmen Gate in Beijing yesterday. Snow blanketed Beijing yesterday, shutting highways and forcing the delay of scores of flights.

Search for man grounds flights

NEWARK Authorities were searching for a man who walked through a screening checkpoint exit into the secure side of a terminal last night at a U.S. airport, and flights were grounded for several hours as passengers were rescreened, an air safety official said.

A man was seen at Newark Liberty International Airport walking down an exit lane at Terminal C about 5:30 p.m. eastern, said Transportation Security Administration spokeswoman Ann Davis. Screening was halted in the Continental terminal while authorities looked at surveillance tapes to identify the man.

Passengers were then evacuated from the secure side of the terminal and

"I'm angry that there was a lack of organization."

Alison Day, grounded airline passenger

moved to the open side to go through screening again to ensure that every passenger boarding a plane tonight out of the terminal was fully screened, Davis said.

Alison Day, 47, of York, England, was supposed to leave for Manchester, England, at 7:30 last night. She was travelling with a party of seven, including an 18-month-old and a 5-year-old. "I'm not angry that this is happening, but I'm angry that there was a lack of organization," she said.

THE ASSOCIATED PRESS

News in brief

POPE A Vatican spokesman says Pope Benedict XVI's personal aide has visited the young woman who jumped over a barrier and knocked the pontiff down in St. Peter's Basilica on Christmas Eve. The Rev.

Federico Lombardi says that Benedict asked the aide to pay a call on the woman, who is being treated for psychiatric problems, to "show the pope's interest and benevolence."

THE ASSOCIATED PRESS

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Comment & Views

Comment

Benefits of driving less



ou could resolve to lose weight, get fit, reduce debt or knock off all three by decreasing your time in the driver's seat this year. That's one of my resolutions — to drive less.

My motivation for driving less is to reduce my contributions to greenhouse gas (GHG) emissions. Vehicles account for almost 30 per cent of Calgary's emissions — less driving and driving cleaner vehicles could lower the impact of vehicles on our city's atmosphere.

Quebec has upped the

ante on this resolution. In an effort to stimulate re-ductions in GHG emissions, Quebec, with 20 per cent of its emissions coming from light vehicles, has become the first in Canada to adopt new emissions standards. Its resolution begins Jan. 14, with increasingly strict limits on maximum GHG emissions for vehicles manufactured between 2010 and 2016 that are sold in Quebec.

The regulations are modelled after California's stringent auto-emissions standards that came into effect in 2004. The would moved forward a couple years ago, but it was waiting to see how legal battles between the auto sector and the state of California would conclude.

Charles Larochelle, assistant deputy environment minister in Quebec, says emissions from vehicles will be trimmed by about 35 per cent by 2016 because of the new regulations

While the Obama administration has indicated it will adopt equivalent standards across the U.S. by 2012, plans are less clear here. That means it's up to individuals to curb transportation-sourced GHG emissions. Hence, my resolution.

There are clear benefits to reducing personal vehi-cle usage. The Canadian Automobile Association calculated the average annual cost of operating a personal vehicle is \$11,480. Commuting via public transit to work, grouping errands together and walking more means less vehicle wear and tear, and less fill ups

Populations are healthier

in places renowned for walkability and good pub-lic transportation. For example, obesity rates in Denmark are less than 10 per cent whereas they are 23 per cent in Canada, Excess weight increases the risk for type 2 diabetes, cardiovascular disease, high blood pressure, osteoarthritis, some cancers and gallbladder disease. Walking to the train, the store or the bank does make a difference.

But the reason for my resolution to drive less mirrors that of Quebec's new emissions standards — concern for air quality and GHG emissions. So, this year I'm going to take transit more, walk more and drive less.

Adrienne Beattie is a Calgary-born writer who has covered urban issues since 2001 and has an English degree from the University of Calgary.

izing you don't need Meta-

musil still doesn't cheer

you up, it is permissible to

stand in the aisle and wait

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cent guaranteed to create

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Make a list of the ways
in which your life is bet-

ter than Halle Berry's. For

many of us, this may be a

short list. And limited to,

"I don't have to choose yet another fabulous dress to

comes

someone

along who does.

happiness.



FIVE FALLEN WARRIORS

Worth mentioning

Annual proroquing would erode Parliament: Experts

The role of elected representatives will erode further if the federal government makes good on its

not

suggestion to make prorogation an annual event, experts say. "It's n

easy to see how this can work," David Mitchell, president of the Ottawabased Public Policy Forum. "It raises the question: Why do we have a Parlia-

ment?" When Prime Minis-

ter Stephen Harper suspended parliamentary activity last week until early March, his spokesman called the move "routine," noting it has occurred 104 times previously.

The announcement was immediately denounced by opposition parties, who

accused the Conservatives of undermining democracy and fleeing accountability, especially when it

to

de-

Tories

comes Canada's treatment of Afghan tainees.

Still, The public does not seem to there's word get worked up about the the erosion of Parliamentary may go furpower, said political scienther to entist Nelson Wiseman from sure prorogathe University of Toronto. tion becomes His feeling is echoed routine. privately by Tory MPs, and Government sources by a poll showing that 46 say they are per cent of Canadians just contemplat-

. don't care whether Parliament starts sitting in ing formally shutting down Parlia-January or takes a break and comes back after the Olympics in March. ment at the

end of every year, so the government can start afresh with a throne speech and a budg-

That way, the argument goes, the public will have a clear idea what the government plans to achieve for the coming year.

THE CANADIAN PRESS

Views

Ways to make any day seem brighter And if you find that real-



Jan. 4. The holidays are over and today we go back to work or school or to wishing we had work or school. February (proof that God hates us) is just 27 cold, bleak days away. And, in the past few weeks, many of us have answered the question, "Is it possible to eat too many

But, I ask you, is all of this any reason to be feeling down? The answer: Of course it is.

Christmas cookies?'

Help is at hand. Here's a list of five ways to make any day seem brighter.

Make a list of things you DON'T have to do today. This might include:

Today, I don't have to enter a witness protection program.

Today, I don't have to be Tiger Woods' public relations adviser.

Limit your bad news intake.

Studies show that the less bad news we hear, the happier we are. As a general rule, the only bad news we really need to hear is limited to: building The

vou are in is on

Bad news don't need to hear includes: The fact that

chocolate comes from beans doesn't make it health

Any news Halle Berry

scented have the oppoing feel bet-

containing the words "dust mite."

Hit the drugstore and make note of the products you don't need ... at least at the moment. For instance, I myself was darn glad to realize that I don't currently need hemor-rhoid medication, head

bandages or foot

bandages of fungus cream.

Don't spend time in the "family planning" section thinking, 'Well, I certainly don't need con-doms or strawberry lubricant gel," as this can

wear to yet another fabulous event." Male readers may want to imagine themselves as site effect George Clooney rather to makthan Halle Berry. Or not. This is all about what makes you happy after all.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Have a great day!

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary

RIM's Balsillie named Business Newsmaker of the Year

Research In Motion CEO Jim Balsillie was named Canada's 2009 Business Newsmaker of the Year, as chosen in a survey of editors and broadcasters by The Canadian Press. METRO NEWS SERVICES

Business

'Cautious optimism'

Canadians have hope for economy in 2010: Survey

Uneasy, recession-weary Canadians are divided on the future of the country's economy but seem to hold much more hope for the year ahead, new research from the Royal Bank of Canada suggests.

According to the data, 60 per cent of people across Canada think the national economy will improve over the next year, after a relatively grim 2009 spent in a recessionary hangover from the global financial turmoil of 2008.

The results of the national survey, which queried Canadians on a number of issues, including how they felt about their job security, elicited a 60 per cent Canada

think the national economy will improve over the next year, according to research from the Royal Bank of Canada

feeling of muted cheer from Craig Wright, RBC's senior VP and chief econo-

"We're viewing it with cautious optimism," Wright said. "Cautious, given the current environ-ment and the heightened uncertainty. But optimism, in that things are expected to get better as we move through the year."

The key indicator for

Wright was responses to questions about job anxiety, about the fear they or someone they love is tee-tering on the brink of job

metro

The RBC data shows that 21 per cent of Canadians, roughly one in five, are worried that somebody in their immediate household is in danger of losing his or her job.

That number is down from 27 per cent in December from the previous month — a sign that, gradually, the number of people who feel endangered by layoffs is going down, as the economy begins to grow again.

TORSTAR NEWS SERVICE

Dubai World's tallest building



Dubai is set to open the world's tallest building amid tight security today, celebrating the tower as a bold feat on the world stage despite the city state's shaky financial footing. Buri Dubai is more than 800 metres tall and has more than 160 storeys, the most of any building in the world.

Business in brief

GAS Calgary-based EnCana's long-awaited Deep Panuke gas project is set for production this year and could breathe new life into Nova Scotia's slug gish offshore sector, but it won't resuscitate the province's economy overnight after drowning in red ink, say analysts and industry experts **CABLE** Many questions remain for cable TV viewers in the U.S. even after Fox and Time Warner Cable settled their noisy spat with a New Year's Day agreement. The deal was good news for more than 6 million Time Warner customers in the short term: College bowl and NFL games, American Idol and a host of other popular Fox programs in New York, Los Angeles, Dallas, Orlando, Fla., and other markets are appearing on their screens as usual.

METRO NEWS SERVICES

Aerospace industry hoping for rebound

AIRLINES When the Boeing Dreamliner 787 took to the skies for its first test flight in mid-December, it carried the hopes of the aerospace industry with

Boeing is betting that this smaller, fuel-efficient jet will spur demand from airlines, which will use it to fly routes all year-round that would otherwise be too expensive.

Last year was a difficult one for Canada's aerospace industry.

After enjoying an unprecedented boom from 2006 to 2008, the industry was hit by sinking demand for business jets, a higher Canadian dollar and airlines delaying deliv-

ery of new aircraft.
"From the manufacturing perspective, clearly the recession means hard times are being had," said David Stewart, partner with AeroStrategy consulting. "In 2009, orders absolutely tanked."

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Computers still active in sleep mode

Monday, January 4, 2010

Did you know the energy savings from turning your computer off when not in use could pay for your next computer system, in full? It may surprise you as well, but screen savers do not save energy and many computers still consume more than 15 watts in sleep mode. Turn it off and start saving. METRO NEWS SERVICES

Going Green



Urban farming

The Urban Homestead: Your Guide to Self-Sufficient Living in the Heart of the City (\$12), is a hands-on guide to help city chickens and convert your home to solar energy. **METRO NEWS SERVICES**

The changing face of solar power

Latest prototypes challenging the way the world looks at renewable energy

NADIA LODDO

The sun is their only

That's what two innovative prototypes have in common, along with the fact that they're Swiss projects and that, by 2011, they will be taking up the challenge of doing a world tour using no other energy than what our lucky star can supply. Solar Impulse, by sky, and PlanetSolar, by sea, aspire to become the ambassadors of a green mobility revolution.

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that's the motto of the Solar Impulse sions, zero pollution," lar Impulse project, a plane that flies using only solar energy — by day and night. Two hundred photovoltaic panels cover its 60metre wings - the same span as an Airbus A340. When the sun shines, the electricity produced is transferred to the motors and at the same time, the turbines recharge the batteries with the surplus en-

This prototype sets itself apart from previous projects because of its "human dimension," said Claude Michel, in charge of the Solvay-Solar Impulse part-

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A solar plane from Solar Impulse will be soon flying around the planet.

The Solar Impulse plane uses 200 photovoltaic solar panels to power its flight. At the same time the turbines recharge the batteries. The PlanetSolar boat uses 470 photovoltaic solar panels.

nership.

Solar Impulse has a pilot on board — uncommon for solar projects. To have enough power to bare the weight of a man, the key is lightness: "When don't have a lot of energy, you've got to save it," said Michel. "Consider that 1 kg less on a plane, means 144 liters of fuel saved over a vear. That's 500 kg of CO2.

The first test flights will be run by the end of this year and, in 2011, Solar Impulse should be the first solar plane to undertake a tour around the world.

It's not destined for commercial use but it does have agricultural poten-

A solar boat from PlanetSolar will take to the seas in 2010

PLANETSOLAR

The same optimism in green solutions, research technological vances, is at the origin of PlanetSolar project. This 30 metre long and 35 metre wide catamaran is covered by 470 of photovoltaic panels.

"Technology and knowledge, which can allow us to live in harmony with nature, are already available now," said the Swiss skip-Raphaël Domjan, founder of PlanetSolar. "We have to show the

world that these solutions exist, work and are economically viable.

Under construction since Jan. 2009 in Germany, the boat will take the seas in May 2010 at the Hamburg Port Festival. After a first tour of Europe, PlanetSolar will be sailing the world's oceans. On board, Raphaël Domjan and his known partner, the French skipper Gérard d'Aboville (first man to row across the Atlantic ocean alone), will make stops along their journey to raise awareness on renewable energies.

Green Tips in brief

COMPUTERS More than threequarters of computers sold in the Canada each year end up in a dump. That's why computers and other electronic waste make up 70 per cent of the lead, cadmium, and mercury in landfills, according to Kim McKay and Jenny Bonnin's True Green @ Work: 100 Ways You Can Make the Environment Your Business, Instead of nitching it, recycle it. Give it to the non-profit iRecycle Computers.

LIGHTERS More than 1.5 billion disposable lighters end up in landfills or incinerators every year, according to Gillian Deacon's Green For Life. They carry an ugly environmental legacy the casings are made of pe troleum-based plastic, and the butane fuel is a petroleum product. Use cardboard matches instead. They are made from recycled paper and have the ability to decompose faster than lighters.

ATM RECEIPTS Around 1 billion ATM transactions occur each year in Canada and most of them will spit out receipts when you're done. That's a lot of unnecessary paper. And considering you are likely to just take a quick look and then it inevitably gets balled up and pitched — you should instead consider keeping tabs over your transactions online. If 10,000 people decided to do that, together they'd save a roll of paper more than 460 metres long, according to The Ideal

CLEANERS Many commercial home-cleaning products are loaded with toxic substances designed to make our life easier. Unfortunately, these chemical-based products can in fact make things more difficult. Long-term health effects have been associated with many substances found in your typical cleaning supplies. In North America, for example, one in three people suffers from allergies, asthma, sinusitis or bronchitis. Treatment for these conditions should include reducing synthetic chemicals in your

WATER Getting to know your water heater can save you some money on your monthly energy costs. The thermostat on the unit allows you to control just how hot your hot water is. Lowering the setting by just one degree means a lot less work for your heater and no noticeable difference to you at the sink. 54°C is the suggested temperature, hot enough to kill bacteria and still save ener-METRO NEWS SERVICES

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Canada's ski team has received yet another blow. Anna Goodman of Point-Claire, Que., suffered a suspected torn anterior cruciate ligament when she crashed and slid off course at the next-to-last gate in her first run of a World Cup slalom yesterday. THE CANADIAN PRESS

Sports



Johnson joins 2,000-yard club

Chris Johnson became the sixth player in NFL history to rush for 2,000 yards in a season, then scored the go-ahead touchdown on a one-yard run with 4:33 remaining to send the Tennessee Titans to a 17-13 victory over the Seattle Seahawks yesterday. Johnson joined Eric Dickerson, Jamal Lewis, Barry Sanders, Terrell Davis and O.J. Simpson in the 2,000-yard club.

EDITOR: DON.MCHOULL@METRONEWS.CA

Cowbovs win their division. Steelers miss the playoffs

Dallas won a division title, Baltimore earned a wildcard spot, the Super Bowl champs headed home, and the NFL's last playoff berth went down to the final game.

Next week's first round will include three rematches of games played yesterday. The playoffs won't include the defending champion Pittsburgh Steelers. While Tony Romo and

the Cowboys romped over Philadelphia 24-0 to help set the NFC matchups, the AFC pairings took a bit longer to settle into place.

The Ravens (9-7) grabbed one AFC wild-card spot when they beat Oakland 21-13. The

New York

earned the

card spot

win over

nati

the Cincin-

with a 37-0

Top seeds Jets then

New Orleans other wild-(13-3) is the No. 1 seed, but lost its final three games.

Indianapolis, Bengals in which dropped the late its last two game, games, is the knocking AFC's top seed the Houston Texans

out of the playoff picture. The Jets will play at Cincinnati in the first round.

For the second straight year, the Eagles-Cowboys showdown was a rout. This time, Dallas did the damage.

The Cowboys won the NFC East by defeating Philadelphia 24-0. The teams will meet again next weekend at Cowboys Stadium in the wild-card round.

Dallas swept Philadelphia this season to earn the division crown, dropping the Eagles to the sixth seed, both at 11-5.

Kurt Warner and the Cardinals will host the Packers next Sunday after Green Bay (11-5) beat them 33-7 Sunday. Arizona (10-6), the NFC's third seed a year ago, will be No. 4 this time.

Baltimore will be at New England on Sunday to face the Patriots, who lost to the Texans 34-27.

THE ASSOCIATED PRESS



Team Canada's Marco Scandella, left, is congratulated on his goal by teammate Travis Hamonic during semifinal world junior action versus Team Switzerland in Saskatoon, Sask., yesterday.

'The opportunity of a lifetime for us'

Canada earns shot at sixth straight gold

WORLD JUNIORS

Canada 6 Switzerland 1

Taylor Hall and his Canadian teammates are one win away from making hockey history.

Hall scored two goals as Canada beat Switzerland 6-1 yesterday in semifinal action at the world junior hockey championship, giving the Canadians a chance at a record sixth straight gold medal.

"It's very special," the gifted left-winger said. gifted left-winger said. "When you're put in that position, you do everything you can to achieve it.

This is the opportunity of a lifetime for us, just to get to the final. To win that sixth goal medal would be unbelievable."

Defenceman Marco Scandella's short-handed goal in the second period proved to be the game-winner as Canada reached the final for a ninth year in a row. They will face the United

States in the final tomorrow (TSN, 6 p.m.) after the Americans downed Sweden 5-2 in the other semifinal. Canada beat the U.S. 5-4 in a shootout in round-robin

"It's one thing to go to the world juniors, but another to be competing for a gold or silver medal," added Hall, a favourite to go first overall in the NHL draft who hasn't hurt his prospects with five goals in as many games at the world juniors. "Everyone's jacked up about it and hopefully everyone brings their Agame.'

Switzerland, which pulled out a stunning 3-2 overtime win in the quarter-finals over Russia on Saturday night, will play for the bronze medal. The only world junior medal won by the Swiss was a bronze at the 1998 tournament.

Jordan Eberle, with his sixth of the tournament, Brayden Schenn and Stefan Della Rovere also scored for Canada, which outshot the Swiss 44-21 before a less than sellout crowd of 13,427 at the Credit Union Centre. Mauro Jorg scored Switzerland's goal.

Travis Hamonic, Scandella's defence partner, was shaken up as things got chippy in the final minute and he was boarded by

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Swiss forward Jeffrey Fuglister, who was given a major and a game misconduct.

Coach Willie Desjardins said he would have a better idea about Hamonic's condition today, but wasn't upset at the hit.

"The guy played hard and finished his check — I don't think it was more than that," he said.

Hall said he did not like the hit at all. "I thought it was very un-

sportsmanlike of him to do that," he said. And Swiss star Nino

Niederreiter said Canada's Nazem Kadri refused to shake his hand after the game in which the two often played head to head.

Twanted to shake but he took his hand away. I don't know what happened there," said Niederreiter.

THE CANADIAN PRESS

Leeds stuns Man U

Third-tier Leeds knocked Manchester United out of the FA Cup in one of the competition's most mous upsets yesterday while defending champion Chelsea outplayed Wat-ford in a 5-0 victory to reach the fourth round.

Arsenal came from behind to win 2-1 at West Ham with two late goals in a five-minute spell by Aaron Ramsey and Eduardo da Silva.

Iermaine Beckford's 19th-minute strike at Old Trafford gave League One leader Leeds a memorable victory at a ground where it had not won since 1981.

Leeds became the first team to knock United out in the third round since Redknapp's Harry

Bournemouth in 1984, two years before Sir Alex Ferguson took charge. United has won the trophy five times under Ferguson and holds the record of 11 FA Cup triumphs.

While United floundered at home, Chelsea raced into a 3-0 lead at Stamford Bridge inside the first 22 minutes.

THE ASSOCIATED PRESS



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Campus theft happens every day so remember when you head back to school keep both eyes (and preferably both hands) on you laptop, wallet and cellphone whenever you're in a public place (such as the school library or student centre). METRO NEWS SERVICES

Workology

Intellectual and technical

Whether applying to a post-secondary institution, or a job training or second career program, being intellectually and technically self-sufficient are valuable and marketable skills. Learners should keep this in mind when they are evaluating the different distance education programs being offered.

NEWS CANADA

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Finding your perfect image



s the new year approaches, everyone's thinking about change. Maybe it's time for a new look, a new image? For Deborah Reynolds, 49, every day at work is about changing how people look and feel.

But her career started in a workplace where how you looked was not so important. After graduating with a degree in criminology and political science, the Vancouver resident was recruited by Corrections Canada for a job at a federal penitentiary. Layoffs three years later

Layoffs three years later led her to become an immigration investigator, where she got the chance to travel and help find and arrest major criminals.

But losing her old job "made me realize no job is secure." Encouraged by her father, she decided to start up a business on the side for extra income, and to fall back on if she ever got laid off again.

always

her clients feel

beautiful, not

make

Her current job satisfied her love of working with people, but it wasn't creative. In her teens she'd loved to paint and draw and experiment with makeup.

So Reynolds took a

makeup great they looked. "It's not just a surface thing, you artistry on evenings and weekends. literally had to After she shift graduated they thought about spring of them-1990, selves and transform them." began doing make-Revnolds up for wedkept learn-ing: She took dings. makeup didn't courses in ad-

vanced

DEBORAH REYNOLDS

make-

analysis

colour

and image and read widely on everything from fashion to self-esteem.

In 1996, she quit her job and incorporated her business. "There came a point where I couldn't do the work anymore. My mind was on my business."

As part of her initial consultation, Reynolds has image makeover clients fill out an exhaustive series of questions about their values and goals. Then, she spends two full days with them, getting them a new haircut, more stylish glasses, new makeup and new clothes.

But Reynolds also spends time talking to her clients about their internal side and helps them with leadership, time management, networking skills

ment, networking skills and self image. Her clients include men and women climbing the corpo-

rate ladder who feel their look doesn't reflect their work goals and divorcées wanting to

ing again.

The **Lowdown**

Job title: Image consultant Education/training: Training or knowledge in makeup, fashion and various facets of self improvement Best Part of the Job: "Know-

Best Part of the Job: "Knowing you can have an impact on people's lives."
Worst Part of the Job: "Keep-

Worst Part of the Job: "Keeping up on all the marketing."

She recently helped a single mom who was off work with depression.

When Reynolds is not working with clients, she's marketing her business by attending events, making calls, doing online networking, and writing — she pens articles and is working on a book.

As for her own image? She used to wear long, artificial nails.

Now, she keeps her nails trimmed with no polish, wears comfortable but current clothes and light makeup. "My look is very simple and clean and polished."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Appy New Year!





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Byrne Luft of Manpower still sees a future for paper, though. "You still have a group of people who like to have that piece of paper in front of them." METRO NEWS SERVICES

workology 11

Video resumés the way of the future?

JON TATTRIE AND BRIAN COULTON for Metro Canada



The paper resumé may be becoming as dated as the cigarettes and sexism of Mad Men, with websites, blogs and video resumes taking the future of

recruiting online. When Much Music wanted a new VJ, it opened the VJ 2.0 contest to anyone who could wow them with a video resumé. When The Score wanted a new on-air personality, it launched Drafted, a multimedia online contest for the coveted

Derek Snider, host and manager of new media for The Score, says the web has radically changed the way people recruit.

"Broadcasting used to be one of those fields where it wasn't necessarily what you knew, but who you knew," he says, adding that hiring a decade ago would have meant asking around the office. "We wanted to cast a really wide net (with Drafted)."

That web caught 3,000 applicants as the online process opened the door to try. Web presence counted heavily and the serious con-tenders had Twitter-sized bios and video resumés.

"Some were ... basically broadcast quality, and that really gave them an edge over some of the other applicants. There were also some videos that were really intriguing, but weren't high-end," Snider says. high-end," Snider says. "We're not (just) looking for a broadcaster, we're looking for somebody who's really comfortable and confident in who they are, and that comes across on camera.

The old ink-on-dead-tree approach just doesn't cut it anymore. "When it comes broadcasting, it may well be the end of the paper resumé. Video and people that have their own websites and blogs would certainly show us their abilities," he says. "It really shows you what they're capable of, outside of standing in front of a camera and saying the Leafs beat the Canadiens 4-3 last night.

Byrne Luft is vice-president of marketing for Manpower Canada, which just launched Jobs2Web, a tool that allows companies to

"When a person is looking for a particular job, our clients' jobs will show up on the first page of any Google, Yahoo, Bing or MSN organic search," Luft explains.

They also broadcast jobs on social media like Twitter and Facebook, which gets them in the minds of people not actively looking for work, but who might be lured into a new posi-

Video resumés highlight the applicant's "soft skill abilities" in a more time-efficient way than initial sitdown interviews, he says. It also means a boss can easily forward the link to colleagues who may have a more suitable position.

But there's a huge risk if you don't monitor your online presence and your potential boss comes across photos and blogs that throw an unflattering light

"When candidates come to Manpower, we coach them ... to market their personal brand most effectively," Luft says. "If you don't do it in an effective way, it can actually hinder your ability to find em-



In some industries — broadcasting especially — the days of the paper resumé may be coming to an end, some experts say.

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12

Barkley, Weaver to host SNL

Charles Barkley and Sigourney Weaver will host the first two new episodes of Saturday Night Live in 2010. The basketball legend will guest on the Jan. 9 show. On Jan. 16, Weaver, currently appearing in Avatar, will host. EW.COM

Entertainment

Grunge reunion

hris Cornell confirmed via Twitter hat the band is getting back togeth er. "The 12 year break is over & school is back in session," Cornell tweeted.

EDITOR: DEAN.LISK@METRONEWS.CA

Feel good about getting naked

IAN JOHNSTON for Metro Canada

To be honest, the series How To Look Good Naked Canada could just as easily be called How To Feel Good Naked Canada.

"The show goes beyond a new haircut or attractive clothes," says Zain Meghji, the ever-present, enthusiastic host of the new W makeover series.

"Granted, it's a TV show. But for the women, it's like going through a personal development course all in one week. There's a psychological aspect to it. And I'm their guide on their journey to rediscover themselves."

Based on the smash hit British version, How To Look Good Naked Canada does in fact deliver on its naughty title — with participating women beginning each episode in their underwear before a full length mirror. What then ensues are some of the usual makeover segments and beauty tips, all culminating in a nude photo shoot.

"Literally, she begins the show stripped down," says Meghji, who has worked as an actor and entertainment reporter for TV's eTalk.

"She's exposed, vulnerable and forced to look at herself and tell us what she likes about her body. Then it's all about accentuating the best, and dressing the rest."

It can be quite an emo-



Zain Meghji hosts the new W makeover series How To Look Good Naked Canada.

tional ride for participating women, many of whom suffer from serious long-term self-image issues. In the premiere episode, for instance, a single Toronto mother re-

counts the sad story of being called "fat and ugly" by her mother.

Meghji says many participants don't have full length mirrors and haven't looked at themselves in years. "Some women don't even know what they look like. They're making up a story without even looking.

ing.
"You gotta look! You gotta accept!"

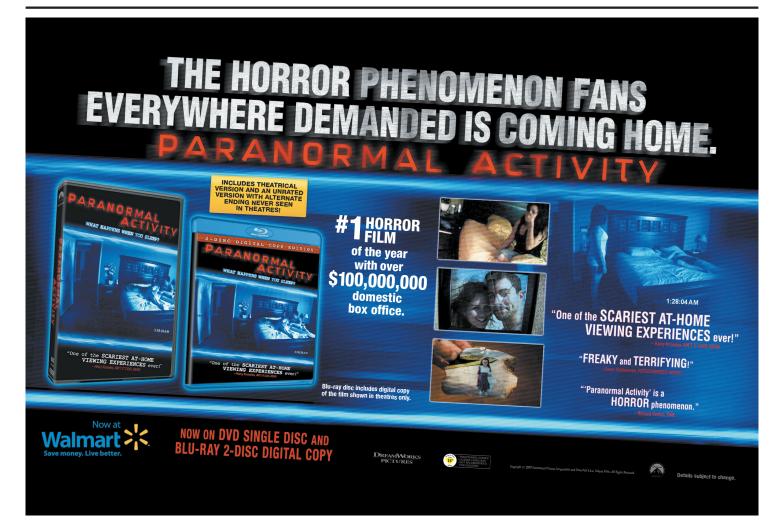
On TV

 Episodes one and two of How To Look Good Naked Canada premieres tomorrow night on W.

Not that the show is always successful. Meghji says many participants do feel truly better about themselves by the end of the series. Some ... not so much.

"Each woman reacts differently. Some go through it and say — I'm forever changed. But you wonder — are they really?" he says.

"Some you can see in their eyes that they have changed. And some women are resistant even when it's done."



Jason Castro is a married man, according to tweets from guests at his wedding Saturday. The 22-year-old dreadlocked singer-songwriter, who finished fourth on Season 7 of American Idol, wed girlfriend Mandy Mayhall in his hometown near Dallas. PEOPLE.COM



entertainment 13

Griffin's vulgar quip on CNN

CONTROVERSY For the second straight year, comedian Kathy Griffin ushered in the new year by saying something vulgar on CNN. bv During the network's

live New Year's Eve broadcast from Times Square, Griffin was joking with co-host Anderson Cooper about how to pronounce the first name of "balloon boy" Falcon Heene when she mumbled something that sounded a little like "Falcon" and a lot like the F-word. Cooper hung his head, shook it and said "You're terrible," before resuming his banter.

The network said in a statement Friday that it regrets that profanity was used during our New Year's Eve coverage."

During the same show a year ago, Griffin gleefully shouted at a heckler in the crowd and made a joke implying that the man performed gay sex acts for a living.

Entertainment in brief ARREST Police say a man who

appeared in a Discovery Channel

reality show about crab fishing

bank robberies and has been ar-

rested. Police in Illinois say they arrested 23-year-old Joshua Tel

Warner early Thursday on the

Oregon bank robbery warrant

off Alaska is wanted for three

ment released her publicist Friday. Griffin made

light of Kathy Griffin

"balloon boy" joke: "Like every other serious reporter covering the now infamous balloon hoax, I struggled to pronounce his name Falcon correctly and have gotten a kick out of how many ways I've heard it pronounced by other serious reporters. Just add me to that list and happy new

Asked whether Griffin would be invited back next year, CNN spokeswoman Shimrit Sheetrit said planning for the 2011 celebration hadn't yet be-THE ASSOCIATED PRESS

after a vehicle he was riding in

traffic stop. He was being held

on \$30,000 bail in the Tazewell

was pulled over for a routine

Ellroy shows the dark '60s **BookPicks**

Blood's **A Rover**

Author: James Ellroy Publisher: Knopf Price: \$35 (Hardcover)

FROM THE HEIST that opens this entertaining novel. Blood's A Rover takes readers on a thrilling ride through 1960s



America. Completing James Ellroy's Underworld USA Trilogy after American Tabloid and The Cold Six Thousand, this book follows three central protagonists tied to dark back-stories of characters like Howard Hughes and FBI director I. Edgar Hoover, and groups like the mob and the Written in Ellroy's highly stylized tone, the book captures an equally outstanding and gritty portrait of a country undergoing change.

L.A. Noir

Author: John Buntin Publisher: Crown

GOVERNING MAG-AZINE writer Iohn Buntin presents a fantastic, wellrounded and researched ac-

count of Los Angeles' history between the 1920s and '60s, presenting the metropolis as a true vice city. The chronicle relays the biographies of two seeming opposites, related by outsider status: William Parker, LAPD chief and law enforcement reformer, and mobster Mickey Cohen. Following each man's growth and effect on the city, Buntin explores the L.A. underground.

Last Night In **Twisted River**

Author: John Irving Publisher: Random House Price: \$34.95 (Hardcover)

NEW HAMPSHIRE'S Androscoggin River is the symbolic title body that flows through the pages of American novelist John Irving's latest. Opening in the mid-1950s, Last Night In Twist-



ed River follows Dominic Baciagulpo and his son Danny, employed in a logging camp kitchen. A water death that opens the novel and subsequent accidental killing urge the father and son to flee the camp, escaping to Massachusetts, Vermont, Iowa and Ontario over 50 years.

Brian Coulton/for Metro Canada

ary January 8 - 23, 2010 TICKETS 263-0079

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Performances are \$12
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- - 4 OMNI King/Queens Access H. CSI: Miami (HDTV) CTV News Metropia Omni News: S. Asian Edition 4 News at 6:30 Entertainment The Insider (N)
Jeopardy! (N) 18 to Life Little Mosque Wheel Fortune Jeopardy! (N) Entertainment Winnipeg Comedy CBC News: The National The Hour Drop Dead Diva "Pilot News Hour 8 CKAL Law & Order: Special Victims The Jav Leno Show (N Your City

Box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres, according to The Associated Press:

Avatar: \$75 million US

Sherlock Holmes: \$65.4 million

Alvin and the Chipmunks: The Squeakquel: \$50.2 million

It's Complicated: \$22.1 million

Up in the Air: \$11.8

The Blind Side: \$11.7 million

The Princess and the Frog: \$8.7 million

Nine: \$5.5 million

Morgans?: \$5 million

Invictus: \$4.4 million

THE ASSOCIATED PRESS



critics'corner—

Little Mosque on the Prairie
Remember that charity boxing
match that the Rev. Thorne
tricked Amaar into taking part
in? Amaar managed to land a
few good punches on Thome,
and he feels terrible about
it. He's going to feel worse,
though, when he discovers that
Thome is faking his injuries to
make him look bad in this new
episode. 8:30 PM on CBRT



Is to Life
In this new sitcom, lifelong friends Jessie and Tom want to get married. Their parents aren't thrilled. For one thing, the kids are only 18. For another, their families are as different as night and day — his folks (Peter Keleghan, Ellen David) are conservative and straightlaced, while hers are free spirits. Yes, this could be fun. 8 PM on CBRT

As Claire becomes immersed in the world of the carnival, she becomes increasingly suspicious of Samuel's motives. Hiro goes or partitudes motives. Hiro goes on a mission to rescue one of his own. H.R.G. recruits Matt (Greg Grunberg) to help him take down Samuel. Sylar returns to the carnival in search of answers in "Upon This Rock/Let It Bleed." 9 PM on CICT KHQ 14 entertainment



It's going to be called Solteras Jennifer Aniston has big plans for the new year, and they don't involve acting. "If all goes well I hope to open a Mexican

restaurant in New York City in 2010," Aniston tells the Daily Mirror. METRO WORLD NEWS

Celebrity Buzz

Nordegren rings in new vear without **Tiger Woods**

FIRST 'YOU GO GIRL'

MOMENT OF THE DECADE Elin Nordegren rang in the new year - and celebrated her 30th birthday — at a lavish ski resort in the French Alps, though husband Tiger Woods was nowhere to be seen. according to the Sun. Nordegren stayed with her twin sister and five pals at a seven-bedroom, \$8,000 a night chalet near the Cha-

> monix METRO WORLD

Elton John helping Eminem

HE WON'T LET THE SUN GO DOWN ON HIM Elton John is there for Eminem, who is battling a drug problem, people.com reports. "I've been helping Eminem over the last 18 months and he's doing brilliantly," John says, reports the British Press Associa-

Speaking to BBC Radio 5 in the U.K. on Saturday, John, 62, who freely spoken has about own his

issues past with substance abuse, said: "I'm there if people want my help.

people ask for help you tell them where to go but there's no point advising people if they don't want to do it.'

In May, Eminem admitted he'd suffered from a devastating drug

ad-

diction that led to him downing as many as 20 Vicodin, Ambien and Valium in a day.

"The numbers got so high," he told Vibe maga-zine, "I don't even know what I was taking.'

Following his first stint in rehab in 2005, the rapper, 37, said he nearly overdosed after an acquaintance gave him unidentified blue pills, which a doctor later told him were actually methadone.

behind Kate METRO NEWS and A-Rod's breakup?

THREE STRIKES, HE'S OUT Kate Hudson ended her eight-month relationship with Alex Rodriguez because of his infatuation with ex Madonna, according to OK! Magazine. The Yankees slugger and the pop star had dated prior to he and Hudson getting together, and Hudson was reportedly irked that Rodriguez was still keep-

ousy," a source says. "She gave A-Rod three chances to stop contacting Madon-

if Madonna is what A-Rod wants, then she can have him.

WORLD

Attorney: Police won't drop any charges against Sheen

'UH, JUDGE JUDY, THERE'S A to go after the Two and a **GUY NAMED CHARLIE ON** LINE ONE...' Brooke Mueller may want to drop the restraining order made against husband Charlie ing America. Sheen after their Christmas Morning row, but prosecutors likely don't need her help

Half Men star since her initial accusations were so serious, defense attorney Roy Black tells Good Morn-

> METRO WORLD NEWS

Was Madonna

ing in touch with his ex. Kate was mad with jeal-

na. She said that

NFWS

heads east, is baffled by the cold weather in Aspen, and Jane Fonda goes to some interesting parties.

Celebrity tweets

@NickCannon On my way to China as we speak Hopefully I can tweet from over there! BOSS UP! @ParisHilton It's snowing really heavily on the mountain. I hate skiing in the snow, it's much more fun when it's a bit sunny out. I'm cold :(So brutal. • @Janefonda Sean Penn brought Mickey Avalon to our xmas party. He sang 'Do The Jane Fonda" and I



Tequila blames pregnancy mis-Tweet on lack of space

Thought Tequila was with child? Blame it on Twitter, usmagazine.com reports. The reality star misspoke — er, mis-Tweeted — when she she announced Dec. 20 that she was pregnant and carrying a surrogate child for her brother and his wife. The pregnancy, she said at the time, was a Christmas gift.

In an interview Dec. 22, Tila explained the apparent mix-up to Us-Magazine.com: "I said I'm going to become a surro-

gate mother for my brother and his wife. That means I'm going to be pregnant. But the words 'go-ing to be' did-n't fit," she explained.

NEWS SERVICES

metr⊕

Rihanna's wild ways starting to worry friends

PARTYING SO HARD? Friends are worried that Rihanna's raucous lifestyle has her heading for a breakdown, according to Now Mag-

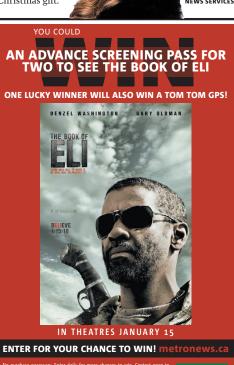
"Every night's the same. She clubbing, goes downs shots and manages to stay up until the early hours," a source says "She seems to be on a mission to drive herself

On top of that, the singer seems to be indulging even more in her obsession with

into the ground."

tattoos, recently adding the words "Never a failure, always a lesson" to her breast. "She's going too far with it," the source says. "She's impulsive, but when it's a tattoo, you can't take it back.

> METRO NEWS







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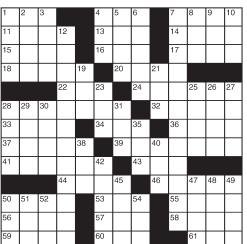
Today

Mostly cloudy -10 ° / -15



Wednesday Early fog, sun -15 ° / -25 °





Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone - one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

2						4	7	
	6	5			8			
		8			4	5		
5				9			2	
	8	9				7	6	
	3			5				1
		7	2			6		
			6			3	5	
	5	1						7

1 Peculiar

4 Bikini half 7 Poet Angelou 11 Satirical comic Sahl 13 "— the ramparts ... 14 Mid-month date

15 Celebrity 16 Witty one 17 Last year's frosh

18 Skewered entree 20 Mineral hardness scale name 22 Apprehend 24 Toy (with) 28 Sheriff 32 Did a cobbler's

iob 33 Composer Khachaturian 34 Catch some ravs 36 Require

37 Stiff 39 Lustrous, in a way 41 Meryl Streep's alma mater 43 Hawaiian garland 44 Overly confi-

dent 46 Fake drake 50 New Zealand bird

53 Bow the head 55 Coffee

56 Reverberate 57 Raw rock 58 Mideast sultanate

59 Night light? 60 Fresh 61 Wapiti

1 Siberian city

2 Be too fond 3 Colorless 4 Violinist's need

5 Paper quantity 6 Shop talk 7 City in Orange

County, Calif. 8 Commotion 9 "Uh-huh" 10 Blond shade

12 Message 19 "Hum-bug!"

BOXING DAY'S CROSSWORD AND SUDOKU ANSWERS:

6 1 8

3 6 7

5 8 2

2 6

3 5

7 9

21 Storefront sign abbr. 23 Cudgel

25 Run off 26 Ogler's look 27 Vortex

28 Sportscaster Albert

29 Met melody 30 "Before," in an Alger story

31 — Vegas 35 Zero

38 Weir 40 Started

42 Talk nonstop 45 Former veep

47 Arrived 48 Elliptical

49 Tug hard 50 Trivia maven **Jennings**

51 Lemieux milieu 52 Which person

2 5 4 3 9 1 6 7 8

7 9 3 2 8 6 4 1 5

9 4 3

7 1 2

5 2 9

8 3 7

NOW I'M LOOKING FOR A VERY

4 7 5 2 3 9

6 5 8 3 2 1

1 6 4 7 9 3

8 5

9 4

1 8 4

5 6 2

54 Morning moisture

Take Five



Greek-style Pizza

INGREDIENTS:

2 tbsp (25 mL) olive oil 1 tsp (5 mL) balsamic vinegar

1 small red onion, thinly sliced

1 large ready-made pizza base, or two small pizza

3 tbsp (45 mL) sun tomato paste

8 cherry tomatoes, halved 1 3/4 oz (50 g) sun-dried tomatoes in oil, cut into thin slices

12 pitted black or green olives 5 oz (150 g) feta cheese,

crumbled

1. Preheat oven to 425°F (220°C). Whisk 1 tbsp (15 mL) oil and vinegar in bowl, add onion rings and toss to coat. Leave while you prepare remaining ingredients.

2. Spread pizza base with sun-dried tomato paste. Arrange onion rings and cherry tomatoes on top, then scatter with sundried tomato slices, olives and feta cheese. Drizzle remaining oil over pizza.

3. Put pizza directly on to top shelf of oven, putting baking sheet on shelf below to catch any drips. Bake 10 minutes or until base is crisp and topping lightly browned. Season with ground black pepper. Cut into wedges and serve.

SERVES 4

rd.ca

For nutritional infor mation on this and other great recipes go to rd.ca or checl out Key Ingredients



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20

You should be making plans to do with your work and your career, not only for the next few weeks but for the whole of 2010

SEPT 23-OCT 23

It would appear that you have been taken advantage of one time too many and now you intend to turn the tables.

TAURUS APRIL 21-MAY 21

You have fixed opinions about certain issues and what happens in the wider world this coming week will confirm that

you are right in your beliefs.

SCORPIO

OCT 24-NOV 22 Others may be impressed by your air of self-confidence but what they don't realize is that on the inside you are trembling

GEMINI MAY 22-JUNE 21

On the web

I'VE STOPPED BUYING FUR.

Flattery will get you every-where today. You will know just the right thing to say to influence important people.

SAGITTARIUS

NOV 23-DEC 21

The cosmos is trying to show you that happiness comes not from having what you want in life but from wanting what you already have.

CANCER

 (Π)

CANCER
JUNE 22-JULY 22
What you have to say today may be important but not nearly as important as the way you choose to say it.

CAPRICORN DEC 22-IAN 20

A Sun-Mercury union in your sign means there is no better time to confront your doubts and fears and break their hold over you.

LEO JULY 23-AUG 23

Common sense should tell you that certain routines and methods don't work as well as they once did and need to be replaced

AQUARIUS JAN 21-FEB 18

Fate is pointing you in a certain direction and you have no al-ternative but to move in that direction, not in the future, but

VIRGO AUG 24-SEPT 22

Today's Sun-Mercury union will help you make whatever changes you think are necessary in your lifestyle, your career and your relationships.

FEB 19-MARCH 20

This is a good day for making plans but it is an even better day for planning things with your friends.

This day in history

1493: Christopher Columbus leaves the New World, ending his

1762: England declares war on Spain and Naples.

1847: Samuel Colt sells his first revolver pistol to the United States government.

1865: The New York Stock Exchange opens its first permanent headquarters at 10-12 Broad near Wall Street in New York City. 1974: United States President Richard Nixon refuses to hand over materials subpoenaed by the Senate Watergate Committee. 1975: Elizabeth Ann Seton becomes the first American-born saint.

METRO NEWS SERVICES

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